



DO THIS



MORNING TIME

Spend time in prayer together as a family this morning. Pray specifically for unity in your school, church, community, and the relationships in your lives.



DRIVE TIME

This week, share a little bit about the community in which you grew up. Talk about what races, socio-economic backgrounds, and beliefs made up the world that you lived in when you were in middle school.



MEAL TIME

This week, try an authentic food from a different culture for one of your meals. Bonus points if you can find some music to play from that same culture during your meal!



BED TIME

Find a movie, TV show, documentary, or article that tells the story of someone from another race or ethnicity and watch or read it together. Talk about what you learned as a family. What was surprising or new to you about the culture, race, or ethnicity you learned about?

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